

There is power in our words. Don't lose an opportunity to share encouraging words with others just because you can't find the right words.

As you enjoy your *From Me to You* conversation journal, use these simple phrases to encourage your kids.

It's going to be a great day. You are so capable. I love when you _____ You're are so talented. God loves you just the way you are. God is the only one who loves you more than me. You have such big dreams. Just focus on what you can do today. You're so helpful. You are so intelligent You are so creative. I'm so glad you're mine. You have great ideas. You make me so proud. You're so good at ____ You're so special. I'm so blessed to have you. You make me laugh. You're beautiful. You're handsome. You are such a blessing to me. I know you can do it! For you, the sky's the limit. You are so good at finding favor with people. God created every inch of you, and you are perfect! You have so much ability. I know you are going to accomplish great things. This can make you stronger. I know it's not always easy. Things really can get better. I am your biggest fan. Look at everything you've already accomplished. Just give it your best shot. Worried? I can help. It's okay to take a break. You amaze me! It's okay to feel discouraged sometimes. When you feel sad, you can lean on me. Even if you fail, you're a winner for trying. When you feel run down, regroup. I believe in you! You have great focus. You are a hard worker! I am here for you if you need me. I know you can figure it out. You're almost there! How can I help you? I admire your determination. You're not alone in this. I love you so much.



ENCOURAGING WORDS

You are a joy. You're inspiring. Thank you for _ How did you get so good at _____? You encourage me. You're the light of my life. It's okay to make mistakes. You're a good friend to others. My life would be boring without you. You bring so much fun to our family. You are a very generous person. Thank you for sharing with _ You have improved so much. I like who you are, a _____, ____, ____ person. You're one of a kind. You can do anything you put your mind to. You make my days sweeter. I love your smile. You rock. You are a great student. There's no one else like you. We make a great team. I believe that you have such a bright future. You're so responsible. You're a great big brother/sister.

You're a great little brother/sister. You are a great son/daughter. Nothing will ever keep me from loving you. You have incredible insight. You set a great example for others. You're a very good team player. You're doing such great things. You are worth so much to me. You have a really unique perspective. Your ideas are important. You are a very giving servant. Your desire to help others is so thoughtful. Thank you for showing such compassion. I admire how you _____. My time with you is precious. I love when you confide in me. You're a great leader. You make a difference. I appreciate your honesty. You love your friends well. I love that you never give up. I have confidence in you. You put others first. You are a great encouragement to others. What you did today was amazing!